

*Comments about the program from Past Participants in **NExT***

“This program provided insight on things that I didn’t think about happening”

“All of the sessions gave me a better idea of what college will be like and what I should expect”

“ I am more aware of what most people fear in college and how I should be prepared for what will happen and that I need a plan”

“To be secure and proud of who I am and if I need help I have people to contact back home”

“The personal style session and the mission statement workshop were surprisingly accurate and revealing”

“It is a lot of fun and I like being able to share ideas with other college bound students”

“It was good to have a group focused on the challenges and big decisions facing seniors”

“The games were the best part” “.....because it [games] provided hands on learning”

“I enjoyed the class that we had snacks and you taught us what to eat when.”

“Thank you so much for all of your help, this is a wonderful course. You guys are awesome!”

“ The courses overall were helpful and I have no complaints”

“I enjoyed the physical learning such as tic-tac-toe and the field trip a lot.”

What ideas are you taking away from this course that you didn’t have before the course

- “How to be positive in college, the idea that I will survive college”
- “importance of knowing professors and importance of nutrition.”
- “I learned about myself as a whole, my passions, my learning style, tips to live a happy successful life in college.”
- “Just how to focus on what is important and how to take care of myself.”

Why would you recommend this course to up-coming Juniors & Seniors?

- “Because it is important to know what life will be like on your own.”
- “It was very helpful and useful, I greatly appreciate both of your help these past few months.”
- “It seems like the course has a lot of good in it for seniors.”
- “It reassures them that they can make it through.”